

## **Parent Management Training (PMT) Therapist**

Dr. Ani & Associates (<a href="www.doctorani.com">www.doctorani.com</a>) is a Pasadena-based private practice that specializes in neuropsychological assessment and evidence-based treatment for children, adolescents, and young adults with suspected or diagnosed developmental, medical/neurological, and psychiatric conditions. Common issues and diagnoses include ADHD, dyslexia and other specific learning disorders, autism spectrum disorder, executive function challenges, behavioral problems, anxiety and mood-related issues, and mild traumatic brain injury/sports concussion. Services provided include individual and family therapies as well as parent training/support.

We are seeking a *Parent Management Training (PMT)* therapist who specializes in providing training and supportive services for parents of children with behavioral challenges (e.g., noncompliance, aggression, tantrums) and other issues related to self-regulation. The PMT therapist would teach strategies based on a behavioral approach that focuses on helping the parents understand the function of their child's behavior and learn effective ways to manage the behaviors, as well as help their child develop adaptive skills needed for improved self-regulation across settings. Strategies that enhance the parent-child attachment relationship should also be incorporated. Services are clinic-based, with off-site consultations (e.g., at school) as needed.

Candidates should have a master's or doctoral degree and be independently licensed by the appropriate California licensing board. A strong preference is noted for those who have a certification in parent-child interaction therapy (PCIT), or an interest in pursuing certification as a PCIT therapist. The candidate should also have excellent organizational and communication skills. Compensation is competitive.

## Our practice offers:

- A vibrant and supportive professional environment
- Superb administrative support
- A platform to provide HIPPA-compliant telehealth services
- Collaborative clinical team to provide high quality, interdisciplinary treatment
- Case consultation and monthly staff meetings
- Strong referral and collaborative network throughout Southern California

We are currently offering in-person and telehealth services.

Applicants should send their C.V., a cover letter that includes career interests and goals, and two letters of reference via email to <a href="mailto:admin@doctorani.com">admin@doctorani.com</a>.

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